

Your Family Matters

During a difficult time of loss, you need to know that your family is important to us.

As a family owned funeral and cremation services provider, with a long-term commitment to our community, we can offer your family years of experience and excellent value.

Our knowledgeable staff will take care of all your funeral and cremation needs.

Our family will provide your family and friends with comfort, a warm place to share your grief, and professional attention to the smallest detail.

Your family matters to us.



Brian McGarry

Patrick McGarry

Sharon McGarry

“Our Family Serving Your Family”

Funeral and Cremation Services
McGarry Family Chapels
Hulse, Playfair & McGarry
Services funéraires et de crémation

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McGarry Family Chapels
Hulse, Playfair & McGarry
Services funéraires et de crémation

Central Chapel

315 McLeod Street

613-233-1143

West Chapel

150 Woodroffe Avenue

613-728-1761

St. Laurent Chapel

1200 Ogilvie Road

613-748-1200

McGarry Memorial Chapel

139 Valley Road, Wakefield

819-459-1800

Future Sites

Barrhaven, Cumberland & Kanata

Caregiver's Seminar

Burning the Candle at Both Ends

Thursday, May 29th, 2008

Central Chapel

315 McLeod Street

6:30 p.m. — 8:00 p.m.

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Caregiver's Seminar

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Are you care-giving for a family member or friend with an illness or disability?

Do you feel isolated and alone with the responsibility and decision-making you face?

When was the last time you thought about your own need for relaxation?

Do you know that, unless you take good care of yourself as a caregiver, you are more likely to become seriously ill yourself?

The McGarry Family invites you to join us for an informative and complimentary evening focusing on how to cope with *being a caregiver*.

We welcome Rita Myres M.S.W., R.S.W. as our speaker.

Rita has experience creating, delivery and facilitating a variety of programs for care providers, family members, volunteers and professionals. Her work and counseling has helped people in a diversity of care-providing situations.

Our Caregiver's Seminar is one of many seminars brought to you by the McGarry Family and Our Continual Care Program's Wellness Series.

Our Continual Care Program is offered to you by the McGarry Family as a complimentary service.

Our Continual Care Program is part of our ongoing commitment to supporting the community and the families we are privileged to serve.

Please join us

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Ottawa, Ontario

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Please **RSVP** by returning this portion of our pamphlet to our receptionist or by phoning 613-233-1143 ext 231 or by e-mail at continualcare@mcgarryfamily.ca

Comments:

Name

Address

Phone

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